GET FIT DAVIS SPORT
Pool Schedule

1809 Picasso Ave.
Davis, CA 95618
Phone: 530.753.5282
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Lap Pool Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	**Masters** 5:45-6:45am		**Masters** 5:45-6:45am		**Masters** 5:45-6:45am		
8:00am	**Masters** 8-9am	**Masters** 8:45-9:45am	**Masters** 8-9am	**Masters** 8:45-9:45am	**Masters** 8-9am	**Masters** 9-10am	**Masters** 9-10:30am
10:00am	**Dynamic Deep** 10-11am*	**Dynamic Deep** 10-11am*	**Dynamic Deep** 10-11am*	**Dynamic Deep** 10-11am*	**Dynamic Deep** 10-11am*	**Making Waves** 10-11am**	
Noon	**Masters** Noon-1pm	**Masters** Noon-1pm	**Masters** Noon-1pm	**Masters** Noon-1pm	**Masters** Noon-1pm		
4:00pm	**CLOSED FOR CLEANING 1pm - 2pm**	**Aqua monsters** 3:45pm-5:30pm	**CLOSED FOR CLEANING 1pm - 2pm**	**Aqua monsters** 3:45pm-5:30pm	**CLOSED FOR CLEANING 1pm - 2pm**		
				Extreme Aqua Daphna/Liz 5-6pm**	**Aqua monsters** 3:45pm-5:30pm		
6:00pm	**Masters** 6-7pm		**Masters** 6-7pm		**Masters** 6-7pm		

Swimmers are expected to share lanes during peak hours. Swim school will use shallow end as needed. Masters may use all lanes. Masters swimmers must register with U.S. Masters Swimming. All swimmers during Masters must follow posted workout. Aqua Monsters and triTRAINed will use all lanes during their workouts.

* = 2 Lanes Open ** = 4 Lanes Open *** = 5 Lanes Open

Functional Training Pool & GFD Sport Swim School

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am	**Early Morning Aqua** Kitty Jo **8-9am**	**Aqua Zumba** Brenda **8-9am**	**Early Morning Aqua** Liz **8-9am**	**Aqua Zumba** Brenda **8-9am**	**Early Morning Aqua** Lynn **8-9am**		
9:00am	**Making Waves** Daphna **9-10am**	**Making Waves** Liz **9-10am**	**Making Waves** Liz **9-10am**	**Making Waves** Liz **9-10am**	**Making Waves** Liz C. **9-10am**	**Adult School** 9:15-10am	
10:00am	**Dynamic Deep** Daphna **10-11am***	**Dynamic Deep** Liz **10-11am***	**Dynamic Deep** Daphna **10-11am***	**Dynamic Deep** Liz **10-11am***	**Dynamic Deep** Kitty Jo **10-11am***	**Making Waves Leslie** 10-11am** Both Pools	
11:00am	**Stretch, Flex & Balance Lynn 11am-Noon**	**CLOSED FOR CLEANING 11am - Noon**	**Water in Motion** Daphna **11am-Noon**	**CLOSED FOR CLEANING 11am - Noon**	**Stretch, Flex & Balance** Kitty Jo **11am-Noon**		
Noon	**Aqua Power** Liz **Noon-1pm**		**Aqua Power** Liz **Noon-1pm**		**Aqua Pilates** Liz C. **Noon-1pm**	**Family Swim** 1-5pm	**Family Swim** 12-4pm
1pm							**Aqua Blast** 4-5pm Leslie
	GFD Sport Swim School 2:30-5:30pm	**GFD Sport Swim School** 2:30-5:30pm	**GFD Sport Swim School** 2:30-5:30pm	**GFD Sport Swim School** 2:30-5:30pm	**GFD Sport Swim School** 2:30-5:30pm		
5:30pm		**Adult School** 5:30-6pm		**Adult School** 5:30-6pm			
		Rebound & Suspend Lynn 6-7pm		**Rebound & Suspend Lynn** 6-7pm			
7pm							

* indicates that the class is held in the lap pool

Members can still use the pool during Swim School hours but Swim School has priority

Members are not able to use the Functional Training Pool while a class is in session.